

Excellence in Education Under the Gospel

Good morning and welcome to the last day of March! Just a reminder to visit Beautiful Savior Lutheran School Facebook page for more creative ideas and activities.

Today my activity is to "**build a fort**." One of my favorite activities as a child was to build forts both inside and out. You can use anything to build a fort, pillows, blankets, couch cushions, even left over broken down cardboard boxes.

<u>The cushion fort</u> - this is the simplest for children. Stand any couch and chair cushions that you have on end. You can balance them against the arm rests of the couch, or prop them up with pillows. Then gently lay a blanket across the top of it to cover it. These make great reading nooks.



<u>The sheet fort</u> - Simply lay sheets over any piece of furniture. A chair, a table, a bench. You may need to secure the sheets to the furniture, or hold the sheet down with a stack of heavy books. You can spruce these up adding a string of lights.



<u>The cardboard box fort</u> - the cardboard box is versatile to what you have. You can use a great big box or you can use little boxes that you can tape together. Children can then decorate the outside or inside of these cardboard forts.



Building forts plays a big role in building creativity in children. It's unstructured play time. For siblings, building forts helps foster the ability to work with a team. Even toddlers can learn how to work as a team when building a fort. It encourages leadership skills, problem solving, critical thinking and teamwork.

Building forts or even setting up your tent in the living room can lead to hours and hours of pure enjoyment. Have a picnic for lunch once your fort has be put together.

Enjoy the day.

Mrs. Natasha Slawik Director of Childcare Services