



Beautiful Savior

LUTHERAN SCHOOL

Excellence in Education Under the Gospel

Good morning families,

The month of March has brought about many changes, but throughout the days and the weeks of uncertainties, it will be wonderful to continue learning with our children.

Over the next few weeks I will be sending out a daily email that will include an activity that you can do at home with your child or children. Please send me a picture at childcare@bsls.ca of your child doing any activity and I will share it with the rest of our childcare family.

Make sure to follow Beautiful Savior Lutheran School Facebook page for daily jokes from our Principal Mrs. McCrea and daily activities for our school and childcare programs.

I don't know too many children who doesn't love a fresh batch of homemade playdough. It makes a wonderful sensory play activity, enhances learning activities, and feels amazing for the senses! Cookie cutters, natural materials, plastic kitchen tools are all fun ways to explore playdough.

- 1 cup of flour
- 1/4 cup of salt
- 3/4 cup of water
- 3 tablespoons of lemon juice
- 1 tablespoon of vegetable oil
- Food colouring
- Any seasonings or scents you would like

Making the PLAYDOUGH

1. Add the water, oil and lemon juice to a medium non-stick pot and heat on medium or medium low heat on the stove.
2. Add food colouring, liquid scents or Kool-Aid to the water mixture.
3. In a mixing bowl, combine the flour, salt and the dry seasonings you are using.
4. After the water is hot, but not boiling, slowly add the dry ingredients to the pot and while mixing to combine. A wooden spoon works the best.
5. Continuously stir until the ingredients combine, dry out and begin to form a ball. Don't cook it too long. It is better to be a bit undercook as it will firm while it cools down.

6. Place on a sheet of wax paper until it cools down a bit. Then knead the dough for a minute or two o bring it all together.

Store in a tightly sealed container. This will keep a few weeks.



I have also included a recipe that doesn't need cooking.

Ingredients:

- 1 cup Flour
- 1/4 cup of Salt
- 1 tea spoon Vegetable oil
- Food colouring
- Scent (if you want it to smell nice)

How to make:

1. Place the flour and salt in a bowl
2. In another bowl mix water and food coloring
3. Mix the 2 bowls together and stir well, keep adding flour if it gets too sticky
4. Add vegetable oil at the end and store it in a container.

Just a note this play dough recipe can last for few weeks. Store it in the fridge once your children are done playing with it.



I hope everyone has fun with this.

Have a wonderful day.

Mrs. Natasha Slawik
Director of Childcare