

Excellence in Education Under the Gospel

Dinosaur Movement

BIG FEET

WHAT YOU NEED:

- large paper bags
- music.

WHAT TO DO:

Place the bags on the children's feet for dino feet. In advance, cut out dino toes (claws). Tape them onto the bags once the children "put on their feet".



Dance like dinos!

PREHISTORIC HUNT

Sing the traditional Goin' On a Bear Hunt song and change the words:

Going on a dino hunt (slap thighs)

And I'm not afraid. (point to self)

Look, there's a tall mountain (hand over eyes).

Can't go under it, can't go over it, I'll have to go around it!

Look, there's a river!Guess I'll swim across it!

There's some tall grass..... guess I'll go through it.

Look, there's a cave!.....Guess I'll go IN it!

Shhh...It's dark in here!

It's cold in here!

I feel some scales..

I feel some teeth...what is it?

A T-REX!

Quick run out of the cave, through the grass, across the river, over the mountain, back to our house, close the door...

Phew...We went on a dino hunt, and I wasn't afraid!



DINO HOKEY POKEY

Sing and do the movements to this traditional dance but insert dino items instead!

You put your front paws in, you put your front paws out, you put your front paws in and you shake them all about!

You do the dino hokey and you turn yourself around, that's what it's all about!

You put your tail in......

You put your head plates in....

You put your back plates in....

HAVE FUN!

Mrs. Natasha Slawik

Director of Childcare Services