

Dear BSLS Families,

At BSLS, we continue to use Love and Logic principles to help our students learn responsibility, self-control, and problem-solving in a caring and respectful environment. These same strategies can be powerful tools at home as well!

This week's focus is on "Turn Your Words Into Gold: The Art of Enforceable Statements."

Enforceable statements are simple but powerful ways to set boundaries and communicate expectations in a positive, respectful manner. Instead of telling children what they must do, enforceable statements share what we will do – shifting the responsibility back to them and promoting accountability.

For example:

- "You need to clean your room right now!"**
- "I'll be happy to drive you to your friend's house once your room is tidy."**

This small shift helps prevent power struggles and creates a calmer, more cooperative home environment.

You can read the full Love and Logic article here:

[Turn Your Words Into Gold: The Art of Enforceable Statements](#)

We encourage you to take a few minutes to read the article and consider how you might apply these techniques in your daily interactions. Together, we can help our children grow into thoughtful, responsible, and independent young people.

**Mrs. McCrea
Principal**